

# BACK TO SCHOOL MYSTERY BOX PROJECTS E-BOOK



TASTEFULLY  
*frugal* 

Hey There!

I'm so excited for you to see everything inside this Back To School Mystery Box! When I was picking the blanks and materials to be included I was thinking about projects that could be made for both students and teachers AND that could be used for upcoming holidays like Halloween and Christmas. I can't wait to share with you the projects we designed!

I know for me personally the hardest part about getting a mystery box is waiting to see what I can make with it. So in addition to YouTube videos that will be going live over the next few weeks I've created this project e-book with project tutorials for all seven blanks included (and a bonus sublimation tutorial too)!

I've also designed SVG files specifically for these projects that you can use. To download both SVG files go to:

<https://tastefullyfrugal.org/back-to-school-mystery-box>

You can find the YouTube Tutorials on my channel - [Tastefully Frugal](#) on the following days:

Wed 8/18 - Unboxing  
Fri 8/20 - DIY Glitter Pen  
Mon 8/23 - Teacher Fuel Tumbler  
Wed 8/25 - Personalized Pencil Pouch  
Fri 8/27 - Peace Love Sanitize Hand Sanitizer Holder  
Mon 8/30 - Chalkboard Pencil Acrylic  
Wed 9/1 - Teach Tote Bag  
Fri 9/3 - Teacher Notebook License Plate  
Wed 9/8 - Sublimation License Plate

Thank you so much for supporting both 143Vinyl and my family with your purchase! I hope you love everything inside!

**Happy Crafting!**

**Sydney Andersen - Tastefully Frugal**





# SUPPLIES INCLUDED & YOUTUBE SCHEDULE

## BLANKS:

Color Changing Tumbler  
Fillable Pen  
Hand Sanitizer Holder  
License Plate  
Pencil Name Plate Acrylic  
Tote Bag  
Zipper Pouch

Note - Color of blanks may vary based on availability

## YOUTUBE SCHEDULE:

Wed 8/18: Unboxing  
Fri 8/20: DIY Glitter Pen  
Mon 8/23: Teacher Fuel Tumbler  
Wed 8/25: Personalized Pencil Pouch  
Fri 8/27: Peace Love Sanitize Hand Sanitizer Holder  
Mon 8/30: Chalkboard Pencil Acrylic  
Wed 9/1: Teach Tote Bag  
Fri 9/3: Teacher Notebook License Plate  
Wed 9/8: Personalized Sublimation License Plate

## ADHESIVE VINYL:

Starcraft HD Glossy in Metallic Red  
Starcraft HD Glossy in Metallic White  
Starcraft HD Matte in Black  
Starcraft HD Matte in Yellow  
Starcraft HD Matte in Pink  
Starcraft HD Matte in Metallic Gold  
Starcraft HD Matte in Metallic Rose Gold

Siser Easy PSV Chalkboard Vinyl  
Starcraft Magic Deceit in Glitter Red  
Starcraft Magic Deceit in Glitter Gun Metal  
(3) Siser Easy PSV Transfer Tape

## HTV:

Siser Sparkle in Snowstorm White  
Siser EasyWeed Electric in Tungsten  
Printed HTV Red OR Black Comp Notebook  
Heat Transfer Mask  
Starcraft SoftFlex in Black  
Starcraft SoftFlex in Red  
Starcraft SoftFlex in White

## OTHER:

Starcraft Chunky Glitter in Night Dive OR  
Starry Night



# DIY GLITTER PEN

## SUPPLIES FROM MYSTERY BOX:

Fillable Pen  
StarCraft Glitter  
StarCraft HD Matte Vinyl - Black  
Siser Easy PSV Transfer Tape

## ADDITIONAL SUPPLIES NEEDED:

Vegetable Glycerin  
Water  
Eye Dropper  
Stir Stick (I just use a popsicle stick)

## APPROXIMATE TIME:

15 Minutes

## DIFFICULTY LEVEL:

Beginner

## DESIGNS NEEDED:

None

## YOUTUBE VIDEO LIVE:

Friday, August 20th

### STEP 1

Open the top of your pen and take the stopper out. Fill your pen up with the desired amount of glitter. I filled mine about 2 inches up.



### STEP 2

In a small cup use an eye dropper to mix 10 ML (or about 2 tsp) with 1 ML (about 1/4 tsp) vegetable glycerin. Stir to combine.



### STEP 3

Slowly pour glycerin/water mixture into tube. When it gets about 3/4 full cover the top with your finger and shake the pen to release any air bubbles. Fill to about 1/2 inch from the top then put stopper back in and the cap back on top.



### STEP 4

Cut name out of Vinyl. For these pens I found if you make the name .35" high they fit perfectly. Weed away excess vinyl and apply transfer tape.



### STEP 5

Line up vinyl on your pen and use your fingers to press it down firmly. Slowly peel away transfer tape.



### STEP 6



# TEACHER FUEL TUMBLER

## SUPPLIES FROM MYSTERY BOX:

Color Changing Tumbler  
StarCraft Magic Deceit -  
Glitter Red & Gun Metal  
Siser Easy PSV Transfer  
Tape

## ADDITIONAL SUPPLIES NEEDED:

None

## APPROXIMATE TIME:

20 Minutes

## DIFFICULTY LEVEL:

Beginner

## DESIGNS NEEDED:

Teacher Fuel

## YOUTUBE VIDEO LIVE:

Monday, August 23rd

### STEP 1

Open Teacher Fuel SVG in your design program (it is already sized to fit the color changing tumblers) and cut the design out of Magic Deceit Vinyl. I've found for Cricut the best setting for Magic Deceit is Premium Holographic Vinyl. Weed away excess.



### STEP 2

Apply transfer tape to the Teacher Fuel part of your design. We are going to layer the design on the cup so you can use the same piece of transfer tape on the gas can and hearts.

### STEP 3

Use a squeegee (or I've used play doh if I don't have an extra scraper) to keep cup from rolling. Apply Teacher Fuel to the center of the cup. Use a second squeegee to press the vinyl on to the cup.



### STEP 4

Slowly peel away transfer tape starting in the top left corner and try to keep it as close to the cup as possible so if there is any vinyl that sticks to the tape it can easily be pressed down.

### STEP 5

Use same piece of transfer tape to remove the red gas can and hearts from the backer and line it up with the teacher fuel design on the cup. I like to have Design Space open so I can see where everything is supposed to go.



### STEP 6

Slowly peel away transfer tape again using the same process as in Step 4.





# PERSONALIZED PENCIL POUCH

## SUPPLIES FROM MYSTERY BOX:

Zipper Pouch  
Siser Sparkle HTV -  
Snowstorm  
Siser Electric HTV -  
Tungsten

## ADDITIONAL SUPPLIES NEEDED:

Heat Press/EasyPress/Iron

## APPROXIMATE TIME:

15 Minutes

## DIFFICULTY LEVEL:

Beginner

## DESIGNS NEEDED:

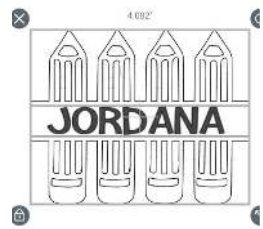
Split Pencil Design

## YOUTUBE VIDEO LIVE:

Wednesday, August 25th

### STEP 1

Open up Split Pencil SVG in your design program and add the name (or whatever you would like) in the center. For this design I used the font KG She Persisted. Make your design about 4"x3.5"



### STEP 2

Mirror your design before cutting. Cut your designs out. I used the Glitter Iron-On setting for the Sparkle HTV (the pencils) and Everyday Iron-On for Electric (the name). Weed away excess HTV.

### STEP 3

I used my EasyPress Mini at the second setting for this project. A household iron will also work. If you're using a heat press I recommend also using a pressing pillow to make sure the full heat gets on the bag and not on the zipper.



### STEP 4

Preaheat your bag for 3-5 seconds. Line up pencil design in the center of the bag and press for 7 seconds. Remove plastic backing after pressing but don't throw it away.

### STEP 5

Line up name in the center of the pencil design and cover the pencil design back up with the plastic backer to protect it from getting touched by the EasyPress/iron/heat press. Press for 12 seconds.



### STEP 6

Remove both plastic backers from design.



# PEACE LOVE SANITIZE HAND SANITIZER HOLDER

## SUPPLIES FROM MYSTERY BOX:

Hand Sanitizer Holder  
Printed HTV - Comp  
Notebook  
StarCraft SoftFlex HTV -  
Black  
Heat Transfer Mask

## ADDITIONAL SUPPLIES NEEDED:

Heat Press/EasyPress/Iron  
X-Acto Knife

## APPROXIMATE TIME:

20 Minutes

## DIFFICULTY LEVEL:

Intermediate

## DESIGNS NEEDED:

Peace Love Sanitize

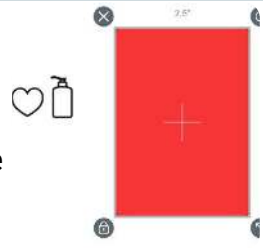
## YOUTUBE VIDEO LIVE:

Friday, August 27th

### STEP 1

Open up Peace Love Sanitize SVG in your design program and size to 1.75" wide.

Add a rounded rectangle to your design and make it 2.5" x 3.5".



### STEP 2

Mirror the Peace Love Sanitize Design but DO NOT MIRROR the rectangle. I cut both the SoftFlex (Peace Love Sanitize) and the Patterened HTV (rectangle) on Everyday Iron-On setting and they cut perfectly. Weed away excess HTV.

### STEP 3

I'm using the EasyPress Mini for this project also on the second heat setting. You can use a household iron or a heatpress. If you're using a heat press, make sure to take out the keychain ring first. Preheat the back of the hand sanitizer holder for 3-5 seconds.



### STEP 4

Cut Heat Transfer Mask down to fit on rectangle and apply over top. Use scraper to press the Transfer Mask onto the patterned HTV and remove patterned HTV from the carrier sheet. Line up on hand sanitizer holder and press for 15 seconds. Let the patterned HTV cool before peeling away backer.



### STEP 5

Flip over hand sanitizer holder and use X-acto Knife to cut away excess patterned HTV.



### STEP 6

Preheat front of hand sanitizer holder for 3-5 seconds. Line up Peace Love Sanitize and press for 10 seconds. Peel away backer when warm.





# CHALKBOARD PENCIL ACRYLIC

## SUPPLIES FROM MYSTERY BOX:

Pencil Name Plate Acrylic  
Starcraft HD Matte Vinyl -  
Metallic Gold, Metallic Rose  
Gold, Pink & Yellow  
Siser Easy PSV Chalkboard  
Vinyl  
Siser Easy PSV Transfer  
Tape

## ADDITIONAL SUPPLIES NEEDED:

None

## APPROXIMATE TIME:

30 Minutes

## DIFFICULTY LEVEL:

Beginner- Intermediate

## DESIGNS NEEDED:

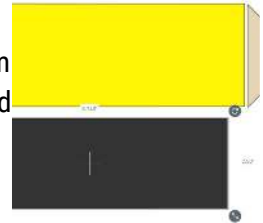
Pencil Name Plate

## YOUTUBE VIDEO LIVE:

Monday, August 30th

### STEP 1

Download the [Pencil Name Plate Acrylic SVG](#) from 143Vinyl. Upload into your design program and add a second rectangle about 1/2" smaller than the yellow rectangle.



### STEP 2

Cut out all designs. I found that Premium Outdoor Vinyl setting works great for the StarCraft HD and the Easy PSV Chalkboard. Weed away excess vinyl.

### STEP 3

Remove blue protection sheet from ONE side of the pencil acrylic.



### STEP 4

Apply transfer tape to all pieces of vinyl and start applying vinyl to acrylic. I started with the black pencil lead and then worked my way back to the eraser.



### STEP 5

Use the same piece of transfer tape from the yellow HD vinyl for the chalkboard vinyl. Line up chalkboard vinyl on top of the yellow HD vinyl and press down with squeegee to apply.



### STEP 6

Remove protector sheet from the back of the pencil acrylic and the base plate.







# TEACH TOTE BAG

## SUPPLIES FROM MYSTERY BOX:

Tote Bag  
StarCraft SoftFlex HTV - White or Red  
Printed HTV - Comp Notebook  
Heat Transfer Mask

## ADDITIONAL SUPPLIES NEEDED:

Heat Press/EasyPress/Iron

## APPROXIMATE TIME:

30 Minutes

## DIFFICULTY LEVEL:

Intermediate

## DESIGNS NEEDED:

Stacked Font

## YOUTUBE VIDEO LIVE:

Wednesday, September 1st

### STEP 1

Add your text (I used the word TEACH) to your canvas and change the font to a stacked font. I used the Rainbow font I got from DesignBundles.



### STEP 2

Add a rectangle to your design and slice the center word from the other stacked words. Delete the slice and one of the extra TEACH and change the color of the remaining teach to red (or any different color than the stacked text). Size your design to 8" wide.

### STEP 3

Mirror the stacked text before cutting but DO NOT MIRROR the individual text. We are going to use Patterned HTV for that and it doesn't need to be mirrored. I use Everyday Iron-On setting for both the Patterned and SoftFlex HTV.



### STEP 4

I used the 12x10 EasyPress for this project but you can use a Heat Press. If you're using a heat press, I suggest putting a pressing pillow in the tote to make sure the seams don't keep the heat from the bag. Heat your EP or Heat Press to 285F and time to 15 sec.

### STEP 5

We're going to use the backing of the Softflex HTV as the heat transfer mask for this design so we only have to press once.

Line up Patterned HTV "Teach" on the back side (the sticky side) of the SoftFlex backer and use a squeegee to press it on. Remove backer from Patterned HTV.



### STEP 6

Preheat your tote bag for 3-5 seconds and then line up your design on the center of the bag. Press for 15 seconds with EasyPress or heat press. Let the HTV completely cool before removing the backing.



# TEACHER NOTEBOOK LICENSE PLATE

## SUPPLIES FROM

### MYSTERY BOX:

License Plate  
StarCraft HD Glossy Vinyl -  
Red  
StarCraft Magic Deceit -  
Gun Metal

## ADDITIONAL SUPPLIES NEEDED:

Adhesive Vinyl - Blue

## APPROXIMATE TIME:

20 Minutes

## DIFFICULTY LEVEL:

Beginner - Intermediate

## DESIGNS NEEDED:

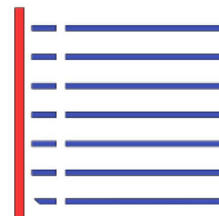
Blank License Plate

## YOUTUBE VIDEO LIVE:

Friday, September 3rd

### STEP 1

Open up the Blank License Plate SVG in your design program. Add a vertical line in red along one side. Then add a thinner horizontal blue line across the width of the license plate. Duplicate that line and space out down license plate. Slice red line from blue lines.



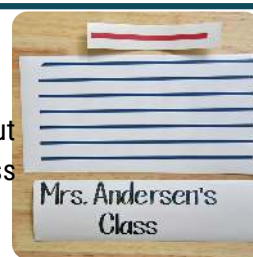
### STEP 2



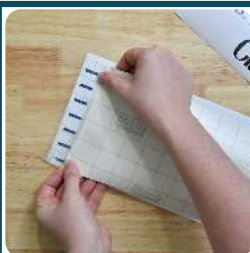
Add teacher's name (or whatever text you'd like) and size it to fit on the "paper" - blue lines. I used the font KG This Is Not Goodbye.

### STEP 3

Cut out all pieces. I used Premium Outdoor Vinyl for both the HD and the Magic Deceit so I could cut on one mat and it worked great! Weed away excess vinyl.



### STEP 4



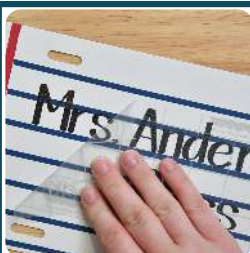
Apply transfer tape to blue lines and line up. Remove blue lines and transfer tape from backer and line up a long the bottom curve of the license plate. Apply vinyl with squeegee and peel away transfer tape slowly.

### STEP 5

Apply red line to the license plate with transfer tape.



### STEP 6



Apply transfer tape to text and line up on the third blue line (that way it looks like it is writing on a notebook). Use squeegee to press design onto license plate and slowly peel away transfer tape.



# PERSONALIZED SUBLIMATION LICENSE PLATE

## SUPPLIES FROM MYSTERY BOX:

License Plate

## ADDITIONAL SUPPLIES NEEDED:

Sublimation Printer  
Sublimation Paper  
Heat Press/EasyPress  
Heat Resistant Tape

## APPROXIMATE TIME:

20 Minutes

## DIFFICULTY LEVEL:

Intermediate

## DESIGNS NEEDED:

Monogram Logo and  
Leopard Pencil Frame

## YOUTUBE VIDEO LIVE:

Wednesday, September 8th

### STEP 1

Download [Monogram Logo](#) and [Leopard Pencil Frame Files](#) from DesignBundles. Both are included in Plus Membership. You can try it for FREE for one month [here](#).



### STEP 2

Upload both designs to your canvas and edit the name and text. Adjust size to 9.1" x 5.6".

### STEP 3

Use Sublimation Printer and print design. To learn more about sublimation printers and the printer preferences for sublimation check out this [YouTube video](#). Cut around by hand, or rip, design so only a little paper is showing.



### STEP 4

Preheat EasyPress to 400F for 60 sec. If using a heat press do 385F for 45 sec. I do higher settings on the EasyPress because it drops temperature more.



### STEP 5

Line up design on license plate with design facing the license plate and use heat resistant tape to keep in place.



### STEP 6

Press with EasyPress or heat press for above times. Let completely cool before pulling away paper.



I hope you have enjoyed making these projects from the Back To School Mystery Box as much as I have loved creating them!

I would love to see what you make! Tag me on Facebook (Tastefully Frugal) and/or Instagram (sydney\_tastefullyfrugal).

If you ever have any questions about the supplies included, projects in the box or just crafting questions in general, you can email me at [tastefullyfrugal@gmail.com](mailto:tastefullyfrugal@gmail.com). My passion is helping you learn to love your Cricut and crafting in general.

If you'd like to check out more Cricut projects and tutorials you can find lots of inspiration on my blog, <https://www.tastefullyfrugal.org> or on my social media channels:

Facebook - <https://www.facebook.com/tastefullyfrugal>

Instagram - [https://instagram.com/sydney\\_tastefullyfrugal](https://instagram.com/sydney_tastefullyfrugal)

YouTube - <https://www.youtube.com/channel/UCeleO6tF-X3TEsFI3zMnkNQ>

Pinterest - <https://www.pinterest.com/tastefullyfrgl/>

