

When You Feel Scared  
Don't Be Afraid  
Close Your Eyes  
And Find A Happy Place

Sometimes You're Angry Because  
Life Get's Crazy  
Take A Deep Breath  
Count To Three  
And Come Cuddle With Me

If You See Something Yucky  
Don't Worry You're Lucky  
You Can Say Yes or No and  
You'll Still Be My Buddy

You Cry When You're Sad  
But No Need To Get Mad  
Come Give Me A Hug  
And I'll Shower You With Love

When You're Happy  
Don't Be Afraid To Show It  
Put A Smile On Your Face  
So Everyone Will Know It