

When You Feel Scared
Don't Be Afraid
Close Your Eyes
And Find A Happy Place

Sometimes You're Angry Because
Life Get's Crazy
Take A Deep Breath
Count To Three
And Come Cuddle With Me

If You See Something Yucky
Don't Worry You're Lucky
You Can Say Yes or No and
You'll Still Be My Buddy

You Cry When You're Sad
But No Need To Get Mad
Come Give Me A Hug
And I'll Shower You With Love

When You're Happy
Don't Be Afraid To Show It
Put A Smile On Your Face
So Everyone Will Know It